

UNIT SPECIFICATION								
Unit title CARE OF CLIENTS WITH MINOR ILLNESS								
Level	Level 6	Credit value	20 (10 ECTS)					
Is this a common unit?		No	Expected contact hours for unit	30				

#### Pre and co-requisites

None

#### Aims

The aim of this unit is to equip students with the skills necessary to independently assess, plan, treat and safely discharge adult clients presenting with undifferentiated and undiagnosed minor illnesses.

It will enable the student to evaluate the evidence base for practice and critically reflect on their encounters with clients.

### Intended learning outcomes (ILOs)

Having completed the unit the student is expected to:

- 1 Articulate their own role in relation to the needs of clients presenting with minor illnesses
- 2 Holistically and effectively assess client needs using a systemic framework and document their findings accurately
- 3 Critically appraise the evidence base and implement care for the most common presenting minor illness
- 4 Evaluate the care provided and use the information to develop and enhance the service you are providing.
- 5 Advance their practice through critical reflection of their encounter.

# Learning and teaching methods

The unit will comprise a combination of teaching and learning methods including key lectures, group seminars and structured reflection.

## Assessment

#### Formative assessment/feedback

Group discussion and tutorial support for assessment submission

Summative assessment	Indicative assessment
ILO's 1-5 will be assessed by coursework 100%	Students will submit a reflective case study of a patient with a minor ailment which they have assessed and managed, outlining the rationale for their actions and decisions (equivalent 3000 words).

## Indicative unit content

Reflective writing History Taking Physical and psychological assessment Audit and Evaluation

Minor Ailments of the Following Systems:

**ENT** 

Urological

### Respiratory

## **Indicative learning resources**

Bassot, B. 2013. The reflective journal. Basingstoke: Palgrave Macmillan

Bolton, G. 2014. *Reflective practice: writing and professional development.* (4th ed.) Los Angeles: Sage.

Bickley, L. 2012. *Bates' Guide to Physical Examination and History Taking*,(11<sup>th</sup> ed). London: Lippincott, Williams and Wilkins

Bulman, C.; Schutz, S. 2013. Reflective practice in nursing. 5th ed. Chichester: Wiley-Blackwell.

Ghaye, T.; Lillyman, S. 2012. *Empowerment through reflection: a guide for practitioners and healthcare teams.* 2nd ed. London: Quay Books.

Jasper, M. 2013. *Beginning reflective practice*. 2nd ed. (Nursing and health care practice). Andover: Cengage Learning.

Jasper, M.; Rosser, M.; Mooney, G. 2013. *Professional development, reflection and decision-making in nursing and health care*. 2nd ed. (Advanced healthcare practice). Chichester: Wiley- Blackwell.

Johnson, J. and Jill-Smith, I. Kelly, A. Brand, R. (eds). 2012. *The Minor Illness Manual*, 4<sup>th</sup> ed. London: Radcliffe Publishing

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